

YPNN-ESPN Coordinators: Evgenia Preka (Jenny), Fabio Paglialonga

Welcome & Introductions

- **ESPN:** Rezan Topaloglu, Evgenia Preka, Fabio Paglialonga
- **Present :** 15 Junior National Representatives – Hanna Bialkevich (Belarus), Evelien Snauwaert (Belgium), Greta Mihneva (Bulgaria), Okko Savonius (Finland), Julie Bernardor (France), Orsolya Harvath (Hungary), Laura Lucchetti (Italy), Dovilė Ruzgienė (Lithuania), Patricia Costa Reis (Portugal), George Claudia Costea (Romania), Gabriel Kolvek (Slovakia), Cristina Blazquez (Spain), Niklas Friberg (Sweden), Eren Soyaltın/Gülşah Kaya Aksoy (Turkey), Karen Norman (UK)
- **Absent:** Lovro Lamot (Croatia), Maria Daniel (Poland)

Current activities of YPNN:

1. IPNA-ESPN Master Class for Junior Classes (teaching course, 3-year cycle)
2. Educational conjoint webinars with sister societies (Paed Rheumatology, soon Adult Nephrology ERA, more to follow...)
3. Training grants (6x/year, for training in one or more establishes paediatric centres in Europe)
4. Mentorship Program (11 mentors for 1st meeting started in 2021, next class/applications for 2023)
5. Young Paediatric Nephrologists Symposium at ESPN Annual Meeting (25/06/2022, between 10h15-12h15 – SAVE THE DATE!!)

For further information regarding our activities please check our website:

<https://www.espn-online.org/young-nephrologists-platform/>

JNRs' roles & responsibilities:

1. Work with us @ YPNN on agreed projects to improve and empower YPNN
2. Disseminate the activities of the YPNN in your national societies → Increase the education, training, participation of your junior colleges

Conjoint Meetings: 2x/year (Please try to be present!)

Our Team project for 2022 – Agreed @ 1st meeting

- **Project Idea: Participate at World Kidney's Day (10/03/2022) as a team 😊 with a video from all of us (1st time in history from a Junior Group within ESPN!)**
- **More details:** Each JNR has to choose one topic/renal entity/disease.
- The theme for this year is “**Bridge the knowledge gap to better kidney care**” so we should inform our patients/the world about this disease/entity and try to leave a positive note at the end of your video 😊

This positive note could be anything, e.g. tell how we are working on this disease with your team/within your country to improve things in the future.

You could describe something that you are doing research-wise, something that you are strong in clinics (for instance a consultation patients find very helpful for their disease the way it's delivered...), something that you created to help awareness (like leaflets in X language or with animations for this disease...). It can be literally anything!!!

If you lack ideas, we might be able to help you so email us.

- **Practicalities: Each video has to be 30-40 sec max.** You can record using your phone if that's easier and if you have more than 1 videos to send us (eg from different units around your country) please send them all separately and we will unite them in one. No more than 30-40 sec/country though! No exceptions!
- **Deadline for sending your videos:** 29/02/2022
- For more information about that day and its campaign, please have a look at: <https://www.worldkidneyday.org/2022-campaign/>

Future steps we are going to work on together:

- 1) Networking
- 2) Set up conjoint goals between each young national society and the YPNN in ESPN
- 3) Booster our leadership/management skills
- 4) Bring changes to improve work-life balance in the future of Paediatric Nephrology
- 5) Involvement in YPNN activities (co-organising things with us)
- 6) Booster our social interaction (Start with organising a Virtual "YPNN Pub Quiz" post-next-meeting)

Next due meeting is going to be in Ljubljana face-to-face for those coming and we will of course have our laptops to allow smiling faces joining us from all over Europe (in case you cannot join physically the annual meeting).

SOS ! Before our next meeting, please prepare the below (as discussed):

- 1) Connect with your peers on a national level and start working on the above targets as discussed.
- 2) Disseminate info about our society, engage them and discuss with them your priorities from ESPN. Then, please make a (short) list and send us your national priorities at this stage. I would suggest to send us no more than 3 priorities per country as this very first stage. Be as clear as possible in your descriptions.
- 2) If some of you want to help co-organise the Social Virtual Pub quiz please give a shout ! As we say in the UK "First come first served" so the first 2 who will send their emails & interest on that will help us for this time! But no worries if this time it's not you, as there will be much more opportunities to get involved in co-organising events for our society!

If you have any questions, please do not hesitate to contact us.

Lovely to e-meet you all last Friday and great to start this journey all together !

Best wishes,
Jenny & Fabio