

## Bungardi Adriana, ESPN training grant 2021



I am grateful that I was able to benefit from the ESPN training programme. I applied for the ESPN training grant for the first time in January 2021. At that time, I was a second-year resident in nephrology with the diploma of pediatrician. Luckily, I was accepted. I had the opportunity to work for three months at the Pediatric Nephrology Department at Nantes University Hospital.

I am thankful to doctor Gwenaelle Roussey and her team for sharing with me their knowledge. Whenever I had a question, everyone was ready to help. I saw patients with a wide variety of nephrology conditions, including children with rare diseases such as cystinosis, sarcoidosis, and Shimke immune-osseous dysplasia. I was able to learn about automated peritoneal dialysis, a procedure that is not available in my country, and about LDL-apheresis, used as part of the treatment for a patient with homozygous familial hypercholesterolemia. One of my main goals was to see the management of patients with kidney transplant and I am very content with what I saw regarding the follow-up, the care, and the kindness doctor Roussey and her colleagues provided to each patient. Regardless of the underlying pathology, I really appreciated the emphasis that was placed on nutrition, the immunization schedule, and the psycho-social impact of kidney disease. I also appreciated the possibility to easily have joint consultations when needed. I was fortunate to attend the Annual Regional Meeting of Pediatric Nephrology (Reunion NOE) held in Rennes, where doctors had the opportunity to discuss regional protocols as well as difficult medical cases. Many thanks to the department team, they made my experience not just useful, but also special.

After the end of the restrictions due to the coronavirus pandemic, I was able to visit Nantes and the Brittany region, enjoying the cuisine, the sights, and their love for nature. I also made friends with whom, among others, I will be able to improve my French in the future.

This training programme was made possible with the help of ESPN. I am honored to be able to share my wonderful experience and hopefully the young fellows who wish to apply for the ESPN training grant find my words inspiring.